

## Fitness in Parks

### Information for Group Trainers:

- A Group Class permit will allow the bearer to charge for training in a single park or open space.
- These training sessions can be for as many people as requested at the time of making an application.
- Group Classes can **only operate twice per week** in a single park which must be specified when you make your application. Subject to availability.

### Information for Personal Trainers:

- A Personal Trainer permit will allow the bearer to charge for training in any of the Borough's parks and open spaces.
- These training sessions must have **no more than two people** being trained at a time.
- Personal Trainers can operate as often as they wish in any of the Borough's parks and open spaces so long as it is in line with the **Licensed Fitness Operator Terms and Conditions**.

### Required Documents:

- Copies of all relevant insurance documents
- Copies of REPS Level 3 Fitness Qualification (Level 2)
- A risk assessment
- A sitemap
- DBS (formally CRB) certificate (if working with children or vulnerable adults)

### Fees

- The cost of the permit for the financial year **2025/2026 is £354.32**.

**Please note** - "The cost of a license is reviewed annually, and the most up to date cost is set out in the council's fees and charges".